

**UNIVERSITY PHYSICIANS HEALTH PLANS**  
(University Family Care)

**PHARMACY REFERRAL GUIDELINE**

**TOBACCO CESSATION**

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- Member must be at least 18 years of age
- Enrollment in the Arizona Smokers' Helpline (ASHline) (800)556-6222 is encouraged
- Medications will be provided on formulary for a total of 12 consecutive weeks during a six month time period.
- Medications for tobacco cessation on the formulary include:
  - Nicotine patches
  - Nicotine gum
  - Nicotine lozenges
  - Nicotine spray
  - Bupropion SR
  - Chantix
  - Member can only receive one product at a time.

*Approved by the Pharmacy and Therapeutics Committees 9/08*